

# Shopping Guide

## Greek Inspired Piece Meal

### Kitchen Tools



Fry Pan

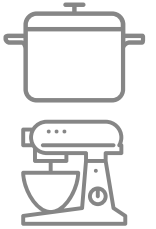
Grater

Mixing Bowls

Baking Sheets

Colander

Baster



### Check Your Fridge & Pantry:



Olive Oil 1 Cup

Dried Oregano 1 Tbs + 1 tsp

Soy Sauce 1/4 Cup

Parmesan Cheese 1/2 Cup

Flour 1/2 Cup

Red Wine Vinegar 1/4 Cup

Dijon Mustard 1 tbs

Eggs 2 Large

Panko Breadcrumbs 1 Cup



### Fresh Items:



Flank Steak 2lbs

Lemon 1 - 2

Garlic 2 Cloves

Feta Cheese 5oz

Zucchini 1lbs (~2 lg)

Fresh Mint 2Tbs chopped

Scallions 3/4 Cup chop

